



Council on Sexual Assault & Domestic Violence Inc.  
P.O. Box 1565  
Sioux City, IA 51102

Crisis Line 258-7233  
1-800-982-7233  
LeMars (712)546-6764  
www.safefromabuse.com



### Want to go paperless?

CSADV would like to email the newsletter to you, please send your email address to:

[stephanie@csadv.org](mailto:stephanie@csadv.org)

Our newsletter may also be found on our website:

[www.safefromabuse.com](http://www.safefromabuse.com)



# CSADV

The Council on Sexual Assault & Domestic Violence

Fall 2011

Dear Friends,

The Board of Directors of CSADV is looking forward to meeting the challenges and taking advantage of the opportunities that will face CSADV this year. The Board is committed to the mission of CSADV and will do all that it can to ensure that the CSADV staff and volunteers have the resources necessary to meet the needs of the victims of sexual assault and domestic violence that we strive to serve.

I will be assisted during the upcoming year by a number of talented and committed volunteers. Elected officers include: Bill Foulk, vice president; Laurie Mills, secretary; Joe Twidwell, treasurer; and Ellen Dickey, immediate past president. Board members that are continuing their service to CSADV for the 2011/12 year are; Steve Crary, Joe Frisbie, Jeff Gebauer, Joe Giesler, Jane Hedlund, Angelo James, Ginny Peterson, Heidi Reinking, Jim Spencer, Julie Stoik, and Mary Weaver.

I would also like to thank our new board members for agreeing to serve the agency for a three year term. They are: Taffy Benson, Mark Bohner, Lisa Kroger, Col. Brian Miller. In addition, Mike Krysl and Joe Twidwell have agreed to return to our board, having provided distinguished service to CSADV as board members in prior years.

I would like to express our appreciation and gratitude to outgoing board members Margie Bennett, Harrison Fisher, Sherry Flansburg, Ted Massey, Skip Perley and Deb Smith for their leadership and years of service to the agency

I am grateful for the opportunity to serve as President of the Board of Directors of CSADV. It is truly an honor to serve this agency and the staff and volunteers that provide its services.

Very truly yours,

Dale C. Tigges

## It's Poinsettia Season!



CSADV will be selling beautiful poinsettias as part of our 26th Annual Poinsettia fundraiser. We are once again offering 6 inch, 8 inch and 10 inch plants for \$20, \$30 and \$40 respectively. Plants are available in red, white, pink and burgundy. Deliveries start on Saturday November 26 and run until Wednesday December 21.

We also need volunteers during poinsettia season. If you would like to help deliver, work a pick-up site, prepare orders or help with routing the deliveries call CSADV at 712-277-0131.

Mailings will be going out soon. You can also call CSADV at 712-277-0131 to order over the phone or have an order form sent to you.

Poinsettias make great gifts and decorations that can last much past the holiday season. These gifts also help CSADV continue to provide much needed services to victims of violence in Siouxland. They are truly the gift that gives twice.

### 2011-2012 CSADV Board of Directors

Dale C. Tigges—President  
Ellen Dickey—Immediate Past - President  
Bill Foulk—Vice President  
Laurie Mills—Secretary  
Joe Twidwell— Treasurer  
Taffy Benson  
Mark Bohner  
Steve Crary  
Joseph Frisbie  
Jeff Gebauer  
Joe Geisler  
Jane Hedlund  
Angelo James  
Lisa Kroger  
Mike Krysl  
Col. Brian Miller  
Virginia Peterson  
Heidi Reinking  
Jim Spencer  
Julie Stoik  
Joe Twidwell  
Mary Weaver

Margaret Sanders, Executive Director

### Upcoming Events

- **October is Domestic Violence Awareness Month** Check our website for upcoming activities. Vigil will be held Thursday October 13 in the Sioux City Council Chambers at City Hall.
- **Tis the season to order your poinsettias! We will have a new option in addition to poinsettias this year! Order forms are going out soon! Check out our website for an electronic order form as well!**
- CSADV is now on Facebook. Click "like" to become a supporter and stay connected with news and upcoming events!

For more info visit our **NEW** website:

[www.safefromabuse.com](http://www.safefromabuse.com)

We appreciate your help with fundraisers! If you would like to help with our poinsettia fundraiser, please contact Stephanie 277-0131.

### Agency Wish List

- Canned Goods, Vegetables & Coffee
- Adult Tooth Brushes
- Hair Brushes
- Dixie Disposable Cups
- Children's Fever Reducer
- Cough & Cold Medicine
- Diapers (Sizes 4-6)
- Plastic Spoons & Forks
- Hy-Vee & Walmart Gift Cards
- Women & Boys Socks
- Twin Sheet sets
- Women's Hygiene Products
- Baby bottles & Bottle Brushes
- 1 & 2 gallon Ziplock Freezer bags

# A BIG Thank You!

On August 11, CSADV provided a night out to nearly 450 women at the Sioux City Convention Center. Attendees were greeted by doormen decked out in tuxes and led into the tropical beach themed room. The room was packed, but a fun time was had by all. Massage therapists and manicurists were on hand to relax and pamper the attendees and the margaritas were flowing. Local pianist Terry Brooks entertained the crowd with melodies which kept the evening alive.

CSADV was thrilled by the outpouring of support from the community. Through the purchase of tickets and silent auction items that night as well as from the local salons, beauty schools, massage schools and independent professionals who donated their time and talent to provide such great service to attendees.

There were great silent auction items donated from the community which made it possible for dollars raised to go directly to helping victims of violence in Siouxland. Funds raised from Margaritas, Manicures and Massages directly help CSADV continue to provide much needed programs and services in Siouxland. Plan ahead now to attend the 6th Annual Margaritas, Manicures & Massages next August 2012!

Thanks again to all who attended or helped in any way.



Dear Friends,

## Now more than ever our community needs life savers

At a time when life-saving agencies are facing devastating budget cuts right when our community needs us most, we need a life saver. I am compelled to ask for your support. Programs are being cut across the state, and we are having very difficult discussions about where we must cut back. Do we deny shelter to individuals whose lives may be in danger? Can we still have someone available to meet with a victim in crisis? To accompany someone at the hospital, police station or courthouse? And what about prevention? How can we possibly take the chance of losing the momentum we have going in our prevention work? What about all the progress we have made collaborating with youth in our community to promote safe and healthy relationships? To me, all of these programs are a priority; all are life-saving efforts that I can not begin to justify the loss of.

Providing shelter to victims and their children is a tremendous drain on our dwindling resources, yet it is a necessary expense and one that is done quite cost effectively. Think about it; one night of shelter for one person costs just \$15 to provide. Compare that to the upwards of \$100 per night at a hotel that most of us will spend at some point during this next year. That \$15 provides a safe, secure and comfortable living arrangement in which all of a person's basic needs are provided. This temporary living arrangement also comes with someone who will listen to and support the resident and her children. Staying in our shelter also gives a person around the clock expert and professional assistance; advocates who understand exactly what a victim is going through and almost always knows where to direct her for any other need she may have.

Cost effective, but when you consider that over 9,000 nights of shelter were provided last year, still an expensive endeavor. Women and children are in danger in Siouxland and they need your support. The Council on Sexual Assault and Domestic Violence has created a new initiative to give you the opportunity to offer that support. Throughout the community during domestic violence awareness month we will have "life saver trees". Take a life saver and sponsor one night of shelter. Or more

**Will you be a life saver? I hope so...Please consider supporting a night/s of shelter**

Sincerely,

Margaret Sanders, CSADV Executive Director



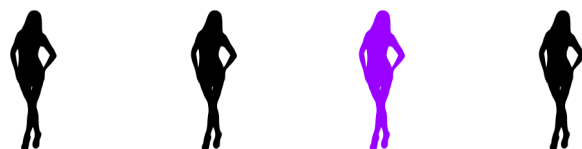
*Now more then ever.....*

Each October CSADV takes time to recognize Domestic Violence Awareness Month (DVAM) through awareness activities and education opportunities.

The annual candle light vigil is a time CSADV remembers and honors Iowans who have lost their life in the past year due to domestic violence. This is an emotional experience for many and a time to reflect on the danger victims of domestic violence face every day. This year's vigil is being held in Sioux City Council Chambers in City Hall Thursday, October 13 from 6- 7pm.

Cathy VanMaanen, who operates CSADV's outreach office in LeMars, has coordinated "Walk A Mile" at Mr. P's Restaurant, Saturday October 8 from 2-8pm. The event which features local men and community leaders wearing red pumps, helps raise awareness and encourages men to get involved with the issues that surround domestic violence.

Now more the ever we need your support at raising awareness and being apart of the change to end violence. Give your support and speak up against violence, give your time and volunteer, or give a financial donation that can help a survivor stay safe at our shelter at no cost to her. Whatever you give, you are helping us now more then ever.



## Donations Make A Difference!

CSADV relies heavily on donations to help serve survivors and their children. Recently, we have been very fortunate to receive items from individuals that have gone a long way in helping.

When residents of Joplin, MS were hit by tornados early this summer, Mike & Trish Jefferson started collecting items to take to those people affected by the storms. They collected everything from household items, personal care products, baby items and clothing. All ready to be driven down to hard hit areas.

However, the Might Missouri changed those plans when roads to Joplin closed down due to flooding. The Jefferson's decided that they would contact local agencies who could benefit from these items including CSADV.

**Thank you Mike & Trish Jefferson for your donation!**

Evelyn Misar, Secretary & Treasurer of the Royal Neighbor of America #6674 stopped by the agency July 14 with an assortment of cleaning products, towels and personal care products collected by the organization.

**Thank you Royal Neighbor of America #6674 for your donation!**

*1 in 4 women will be a victim of domestic violence*

*It's someone you know....*

## At the Council on Sexual Assault & Domestic Violence

Your generous donation of \$15 provides

Fiscal Year 2011

3,174 Crisis Calls Answered

296 Women Sheltered

361 children Sheltered

1 Night of Shelter

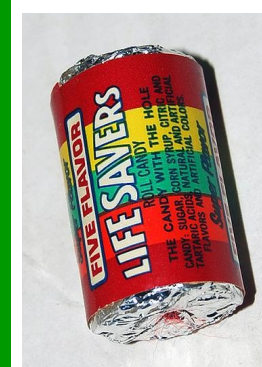
Safety  
Security  
Support  
Hope  
Meals  
A Place to Sleep  
Counseling  
Advocacy

Fiscal Year 2011

9,537 Nights of safe shelter were provided. No one was turned away, despite high census some months.

657 individuals had basic Needs met in shelter.

*I will be a lifesaver*



Name(s): \_\_\_\_\_ Phone \_\_\_\_\_

Address: \_\_\_\_\_ (Using credit card? Provide physical address)

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Email: \_\_\_\_\_

Enclosed is my/our gift of...(Checks payable to CSADV)

- \_\_\_\_\_ \$1350.00 to sponsor a family of 3 for 30 nights in shelter
- \_\_\_\_\_ \$600.00 to sponsor a mother and child 20 nights in shelter
- \_\_\_\_\_ \$420.00 to sponsor a mother and child 14 nights in shelter
- \_\_\_\_\_ \$180.00 to sponsor one woman 12 nights in shelter
- \_\_\_\_\_ \$60.00 to sponsor a mother and one child for 2 nights in shelter

\_\_\_\_\_ \$30.00 to sponsor a woman 2 nights in shelter

\_\_\_\_\_ I/We pledge \$ \_\_\_\_\_ per month. Please send an invoice.

\_\_\_\_\_ Donation of any amount is appreciated. Please charge my \_\_\_\_\_ MC \_\_\_\_\_ Visa \_\_\_\_\_ American Express

Card #: \_\_\_\_\_ Exp. Date: \_\_\_\_\_ 3 digit code on back of card: \_\_\_\_\_

Signature: \_\_\_\_\_

Please accept my gift in memory/honor of: \_\_\_\_\_

Send acknowledgement to the following address: \_\_\_\_\_



Mail to: CSADV, PO Box 1565, Sioux City, IA, 51102-1565 or Call 712-277-0131